



# MEET YOUR MASTER

[meetyourmaster.com](http://meetyourmaster.com)



# SEBASTIAN FITZEK

teaches writing

**MASTERBOOK**

Dear students of Sebastian Fitzek,

This Masterbook should provide you with additional valuable information on the individual video chapters. But first and foremost, it should inspire you.

We have tried to combine two decisive factors: the original language used by our master, which we would like to preserve, and the structure of a book, in order to give you a better overview.

In our videos, that is, the lessons, we always give our masters maximum freedom. This allows them to draw on unlimited resources without restraint and disclose things they have never revealed to the public. Each master should talk without constraint, really immerse themselves in their subject matter, and get into a flow.

Alongside the lessons, we also naturally have a lot of in-depth and additional information for you, which we have labeled accordingly.

We wish you lots of fun and success!

Your MEET YOUR MASTER Editorial Team

# Contents

---

## PLEASE NOTE

The following symbols are provided to deepen your knowledge:



MASTER TIP



BRIEFLY EXPLAINED



FROM A TO Z



GOOD TO KNOW

01. Introduction
02. The Midwife Principle
03. My Background
04. The Idea
05. The Characters
06. The Plot
07. The Theme
08. The Style
09. Fictitious Reality
10. The Synopsis
11. Research
12. The Tone of the Book
13. Building Suspense
14. The Writing Phase
15. The Revision
16. The Finished Manuscript
17. Before Publication
18. Marketing
19. Criticism
20. The Time Between Books
21. Adaptations
22. Writing for a Living
23. Final Remarks

# Chapter 1

---

## Introduction

### What is so special about being a writer?

Native Americans say you can take everything back, except for a shot arrow and a spoken word. But it's not as bad as that for us. We can delete or erase a word, or, as they like to show us in films, pull the sheet out of the typewriter, crumple it up, and throw it into the trash in despair, along with the hundreds already discarded. But there is a grain of truth in the saying: "That darned first sentence... ". It's always the same procedure. In the beginning, you're sitting before a blank, white sheet. Or you're staring at a blank screen. Up until this point, we are all on an equal playing field, yet from this point forward, writers and authors have very different working methods. I'd like to tell you about mine. How do I come up with the ideas for my stories? How do they come about? What does the path to creating a manuscript look like? What happens next? Is there such a thing as congenial editors? How do I win over a publisher with my ideas? What does the marketing involve? From the deepest recesses of our imagination, we pull the strings, create characters, allow fates to take their course, ultimately, just to put you under our spell, and to take you on a journey into our world. A world where everything goes, except boredom.

My name is Sebastian Fitzek and I'd like to welcome you to MEET YOUR MASTER.

# Chapter 2

## The Midwife Principle



I have a high regard midwife principle, which is the following: The book you write is your baby. If possible, no one should change its essence. But there are certainly people who can help it come into the world healthy and vigorously, and then go its way. Fundamentally, we won't be focusing on finding a bestseller formula, but rather on experiences and tips which can help you maximize your chances of reaching your goal. And the goal is to be able to make a living from writing. Many of my fellow writers frown upon discussing writing techniques, and mainly, the craft of writing. But 'literature' and 'craft' are not mutually exclusive!

"The goal is to be able to make a living from writing."

Architects, for instance, also create works of art. A house has to comply with the rules of the trade. It needs a foundation, structural analysis principles have to be adhered to so that it doesn't collapse, just like your story which requires a certain structural analysis, in order to not collapse. Of course, architects also have to make sure that a house has a bathroom, a kitchen, and water pipes, or else it's likely no one would want to live there. And that's exactly where I agree with the artist, with the writer. If someone were to stand in front of that house, admire it and say, "I've never seen anything as beautiful," then that is something that goes beyond craft. But whether someone would want to live there and will be able to get their bearings – that's why the rules of the trade exist.

# Chapter 3

## My Background

I loved reading, even as a child and adolescent, as my parents' house was full of books. Right from the start, they were like journeys into a different world. They fired up my mind, strengthened my empathy, and, subliminally, awakened the desire in me to become an author. I can still remember the very first book I read by myself. It was a book by Enid Blyton called *The Family at Red-Roofs*. I borrowed that book from the school library so many times that, in the end, the teacher gave it to me as a present. I recently picked it up again. The story is about a family who move into a new house called Red-Roofs, after which the parents are in a road accident and go into a coma. The children don't want to go into care, so they depict



an illusory world to the outside world, namely, that they are coping well without their parents. It contains elements that can be found in many psychological thrillers, including mine. So, one can say, that even though I had no intention of becoming an author when I was young, I got into writing through reading.

# Chapter 3

---

## My Background

And that is a very important basic requirement. It may sound obvious, but it's essential. If you don't read, then you can't become an author, so you should spend every spare minute you have reading as much as possible.

"Musicians listen to music and painters go to exhibitions, and you need to read as much as possible."

After I finished reading *The Family at Red-Roofs*, I read all of Enid Blyton's Famous Five stories. This series in fact, was my introduction to the world of thrillers. As an adolescent, I was also heavily influenced by Stephen King. *It* was the first book I ever read in one go, and we all know how thick Stephen King's masterpiece is. It introduced me to the world of thrillers, horror, and the supernatural.

Michael Crichton was able to combine the natural sciences with suspense, but he was mainly able to connect basic philosophical themes. Of course, *Jurassic Park* has this surface tension, that is, the fantastic topic of dinosaurs. But in fact, it goes much deeper than that. It focuses on the fact that everything in the universe strives to achieve the lowest energy state possible.

And there's another author who greatly influenced me, although he doesn't count among the writers of suspense literature. Tom Wolfe, an ingenious storyteller.

# Chapter 3

## My Background



### ENID BLYTON

1897-1968, an English writer whose books having sold more than 600 million copies, is one of the most successful authors for children's literature. *The Famous Five* by Enid Blyton is one of the most successful children's literature series in the world.

-

### STEPHEN KING

Born 1937, a US American writer

*It*, 1986, a horror novel by Stephen King

## SEBASTIAN FITZEK teaches writing

Unlock the complete video course for € 99,-  
and continue reading now.

BUY

GIFT